

This course is aimed at Primary Care Physicians, Nurse Practitioners, and Physician Assistants

By the end of this course, participants will be able to:

- Obtain a working knowledge of various shoulder and knee injuries
- Identify when to refer patients with shoulder and knee injuries to an orthopaedic specialist
- Conduct a physical exam to diagnose shoulder and knee injuries
- Describe appropriate use of injection techniques
- Discuss indications for shoulder and knee diagnostic studies and treatments



UNIVERSITY SPORTS MEDICINE

Team Physicians for the

- Buffalo Sabres
- Buffalo Bills
- Buffalo Bandits
- University at Buffalo Bulls
- Buffalo State Bengals
- Erie Community College Kats

SCHEDULE

7:30 - 8:00 am

Registration

The Knee - Robert J. Smolinski, M.D., Moderator

8:00 - 10:00 am

Knee Anatomy

Robert J. Smolinski, M.D.

"I hurt my knee!" - Acute Knee Injuries

Leslie J. Bisson, M.D.

"My knee aches" - Chronic Knee Injuries/Overuse

John M. Marzo, M.D.

"I have arthritis" - Degenerative Knee Disease/Arthritis

Michael A. Rauh, M.D.

SCHEDULE

"Johnny's knee hurts" - Pediatric Knee Problems

Leslie J. Bisson, M.D.

Pearls from 15 years of Primary Care Sports Medicine

John J. Leddy, M.D.

10:00 - 10:20 am

Morning Break

10:20 - 11:00 am

Case Presentations

Knee Questions/Answers

11:00 - 11:45 am

Breakout Session - Knee

Physical Examination

Knee Injection Techniques

The Shoulder - Marc S. Fineberg, M.D., Moderator

11:45 - 12:15 pm

Working Lunch

Shoulder Anatomy

John M. Marzo, M.D.

12:15 - 1:30 pm

"I injured my shoulder!" - Acute Shoulder Injuries

William M. Wind, Jr., M.D.

"My shoulder aches" - Tendonitis/Impingement

Geoffrey A. Bernas, M.D.

"I have pain and weakness" - Rotator Cuff Tears/Arthritis

Marc S. Fineberg, M.D.

Pearls from 15 years of Primary Care Sports Medicine

John J. Leddy, M.D.

1:30 - 2:00 pm

Case Presentations

Shoulder Question/Answers

2:00 - 2:45 pm

Breakout Session - Shoulder

Physical Examination

Shoulder Injection Techniques

COURSE STAFF

Robert J. Smolinski, M.D.

Course Director

Director - University Sports Medicine

Head Team Physician - UB Bulls

Head Team Physician - ECC Kats

Geoffrey A. Bernas, M.D.

Team Physician - ECC Kats

Leslie J. Bisson, M.D.

Head Team Physician - Buffalo Sabres

Head Team Physician - Buffalo State College

Team Physician - Buffalo Bills

Marc S. Fineberg, M.D.

Head Team Physician - UB Bulls Football

Head Team Physician - Buffalo Bandits

Team Physician - Buffalo Sabres

John J. Leddy, M.D.

Team Physician - UB Bulls

Director - Concussion Clinic

John M. Marzo, M.D.

Head Team Physician - Buffalo Bills

Michael A. Rauh, M.D.

Team Physician - Buffalo Bandits

William M. Wind Jr., M.D.

Head Team Physician - UB Bulls Basketball

Director - Cartilage Restoration Center

The fellowship trained course staff are faculty from University Sports Medicine, a division of University Orthopaedics, the University at Buffalo School of Medicine & Biomedical Sciences

www.ubsportsmed.buffalo.edu



My shoulder hurts!



I injured my knee!

Shoulder & Knee Injuries for the Primary Care Provider Diagnosis & Treatment

October 25, 2008
Ramada Hotel & Conference Center
2402 North Forest Road
Amherst, New York 14226
(formerly the University Inn & Conference Center)

7:30 am - 2:45 pm
*There is no charge to attend this conference
Registration is free, thanks to a grant from
Ferring Pharmaceuticals
Breakfast and lunch will be provided*

REGISTRATION
Please register in advance, seating is limited

1. Register by telephone (716) 829-2070
2. Register online at:
www.ubsportsmed.buffalo.edu
3. Register with the enclosed postcard

Attendees will receive 6.5 hours of CME credit

*The University at Buffalo (UB)
School of Medicine & Biomedical Sciences is accredited by
the Accreditation Council for Continuing Medical Education
to provide continuing medical education for physicians.*

*The UB School of Medicine & Biomedical Sciences
designates this educational activity for a maximum
of 6.5 AMA PRA Category 1 Credit(s)™.
Physicians should only claim credit commensurate
with the extent of their participation in the activity.*



UNIVERSITY
SPORTS MEDICINE

*Shoulder & Knee Injuries
for the Primary Care Provider*

Diagnosis & Treatment

*October 25, 2008
Ramada Hotel & Conference Center*

