

Thespian, Teacher, Talk-Show Host, Family Physician and Outstanding Residency Director



Kevin Ferentz, MD '83, has been awarded the Zervanos Award for outstanding residency director in family medicine by the American Academy of Family Physicians and the Association of Family Practice Residency Directors. Dr. Ferentz credits two great mentors he had at UB medical school, Dr. Harry Metcalf, a longtime faculty member, and the late Dr. Jim Nunn, as influencing his decision to become a leader in Family Medicine. "Having now been a full-time faculty member at another medical school for 18 years, I can attest to the value of my education at UB. I think I got a great education and I loved living in Buffalo." Born and raised in New York City, Dr. Ferentz graduated magna cum laude from SUNY at Albany, where he majored in Biology and Theater. He received his MD from SUNY at Buffalo School of Medicine and completed his Family Practice residency at the

University of Maryland. After a fellowship in Faculty Development with an emphasis in Obstetrics he joined the faculty of the Department of Family Medicine at the University of Maryland. For six years he was the Director of Student and Employee Health for the University of Maryland at Baltimore and the Medical Director of Family Medicine Specialists, the faculty practice for the Department. In 1993, Dr. Ferentz became the Residency Director for the Department. Dr. Ferentz is an Associate Professor and has authored more than two dozen articles and book chapters concerning issues in Family Medicine. He also has a secondary appointment in the Department of Epidemiology and Preventive Medicine. He has received numerous teaching awards, including the Exemplary Teaching Award from the American Academy of Family Physicians and the Outstanding Program Director Award from the Association of Family Practice Residency Directors. continued on page 3

On August 26, 2004 I had the pleasure of being the guest boss of New York Air National Guard Lieutenant Colonel J. Steven Cramer, MD. Dr. Cramer is the Medical Group Commander of the 107th Air Refueling Wing at the Niagara Falls Air Reserve Station. Steve has served in the Air National Guard for almost 10 years and has been a flight surgeon almost as long. He has been deployed to Oman, Egypt, Turkey, France and Japan. He has flown in combat missions over Afghanistan during Operation Enduring Freedom and into Iraq for Operation Iraqi Freedom. Steve is also the Medical Director of our Sheridan Faculty Practice Office. Little did I know that before the day was over I would be laying on my belly in the Boom Pod (refueling operations center) in the bottom aft portion of a huge fuselage surrounded by 70,000 pounds of fuel.

Lieutenant Colonel Cramer feels that family physicians can make huge contributions to the defense of the United States through service in the Air National Guard. During normal times Dr. Cramer performs many functions normally associated with occupational health including clearance for flying. During the last few years, as demands on the Guard have increased, he deals with stress, fatigue and overuse problems often cleverly disguised as physical symptoms. On active duty the base physician administers a full range of services to deployed men and women. As a flight surgeon, Dr. Cramer must accompany pilots and crews on missions regularly. When deployed he is responsible not only for the health of the flyers and support troops but for site selection (tents and latrines), food safety and water quality. continued on page 4

Cogitations from the Chair



Thomas
C. Rosenthal MD

*Thomas C. Rosenthal, MD, is Professor and Chair of the UB Dept. of Family Medicine.
He is also Director of the NY State AHEC program and Editor of The Journal of Rural Health.*

Education Mission

Graduation Awards Dinner June 18, 2004 *Congratulations to the Following Awardees !*

Resident Awards

Buffalo General Hospital

Josephine Thangathurai, MBBS, Year 1
Preeti Gupta, MBBS, Year 2
Jeanette Figueroa, MD, Year 3
Zeljko Milovanovic, MD, Kaleida Buffalo General Excellence Award

Erie County Medical Center

Ramani Arya, MBBS, Year 1
Simret Dev, MD, Year 2
Srivalli Donthineni, MBBS, Year 3
Jyoti Kulkarni, MBBS, ECMC Excellence Award

Millard Fillmore Suburban Hospital

David Brauer, MD, Year 1
Hina Mian, MBBS, Year 2
Jennifer Adamson, MD, Year 3
Kathleen Trapp, MD, Louis Lazar Excellence Award

STFM Resident Teacher Award

Zeljko Milovanovic, MD

Family Medicine Research Institute (FMRI)

Research Award

Zeljko Milovanovic, MD

Faculty Awards

Office Preceptor Awards

Dana Drummond, MD
Galvin Anderson, MD
David Thomas, MD
Chester Fox, MD
M. Katherine Kolbert, MD

Inpatient Attending Awards

Timothy McDaniel, MD
David Brubaker, MD
Michael Zions, MD
John Brewer, MD

Specialty Teaching Awards

Cyril Gunwardane, MD
William Jaremko, MD
George Marinides, MD
Susan Graham

Excellence in Medical Student Education

Andrea Manyon, MD

Millard Fillmore Suburban

Family Medicine Teaching Award

Patty Arbergast, NP

Class of 2004 Honors and Awards

The American Academy of Family Physicians Harry Metcalf President's Award - Diana Pratt, MD
Granted to a student with an outstanding academic record and a commitment to practicing Family Medicine.

Charles A. Bauda Award – Michael Jordan, MD
Dr. Bauda is a retired family physician who was a dedicated teacher during the formative years of the specialty of family medicine in the '70s and served on the admissions committee of this medical school. This award is given to a graduating student based on performance during his/her third year.

Dr. G. Norris Miner Award – Evelyn Vento, MD
Dr. G. Norris Miner, a former UB varsity football player and organizer of the Buffalo Boosters in support of athletics at UB, graduated from this medical school. He served in the Civilian Conversation Corps and the navy during WWII and established his general practice in 1943 in North Tonawanda where he practiced for over 30 years. This award is presented to a senior who demonstrated outstanding clinical competence in family medicine.

Dr. Mark A. Petrino Award – Maritza Baez, MD
Dr. Mark A. Petrino was a young family physician who was loved and respected by the West Side Buffalo community he served until his tragic death in an automobile accident. Recipient demonstrates fine academic and clinical performance and a strong commitment to family medicine.

Students who matched in family medicine are:

Catherine Artman, MD- UCLA Medical Center
Maritz Baez, MD- SUNY at Buffalo (generalist scholar) – Deaconess FMC
Catherine Casey, MD - University of Virginia
Molly Eaton, MD - SUNY at Buffalo (generalist scholar) – Louis Lazar FMC
Elizabeth Grucella, MD - Fairfax Family Practice, Fairfax, Virginia
Michael Jordan, MD - SUNY at Buffalo – Louis Lazar
Brenda Krygowski, MD - Eastern VA Medical School
Brittany Morse, MD - University of Rochester/Strong Memorial Hospital
Diana Pratt, MD - SUNY at Buffalo – Louis Lazar
Evelyn Vento - Tripler Army Medical Center, Honolulu, HI

Please see the Spring 2004 issue of Praxis for the listing of New and Graduating Residents.

Prolotherapy Reduces Pain

According to a study by James H. Matthews, MD, Prolotherapy may significantly relieve the pain and financial burden associated with unhealed injuries. Prolotherapy is the injection of an irritant into a ligament or tendon to stimulate a healing response. Dr. Matthews conducted this study at HealthworksWNY, a 3-site physician-owned occupational medicine practice serving a heavily industrial region of western New York. Prolotherapy was used to treat unhealed work-related injuries between August 2002 and August 2003. Done correctly it can be safer than surgery. Dr. Matthews has published his results in the April 12, 2004, issue of Occupational Medicine Clinical Care Update.

Dr. James H. Matthews is Medical Director for the Lackawanna site of HealthworksWNY. He has performed Prolotherapy for more than 20 years and is a volunteer faculty member for the Department of Family Medicine. He graduated from the UB Family Medicine Residency Program in 1979.

Department News: Please welcome our new employees:

- **Teniade Fann, MD, MPH**, National Research Service Award (NRSA) Fellow. Dr. Fann will be building a health disparities research career in AIDS/HIV prevention. Her office is at FMRI.
- **Kisten L. Segebarth, JD**, Grants Development Specialist for the New York State AHEC System. Kristen's job is to identify and pursue external funding opportunities for funding of programs consistent with New York State AHEC System mission.
- **Sondra Showers**, Administrative Assistant. Sondra will provide support to the Deputy Director and staff of the New York State AHEC System statewide office.
- **Amanda Robinson and Kathryn Glaser**, Research Assistants. Amanda and Kathryn are working with Angela Wisniewski on a cross-sectional study of asthma medication adherence. Their offices are at FMRI.

In other news:

- **Luis Zayas PhD**, Research Assistant Professor, FMRI, has been selected a new member of the Board of Directors of Hispanics United of Buffalo (HUB), Buffalo, NY.
- Erie County has been awarded a grant by the Justice Department to launch the Family Justice Center, one of only 15 nationally that are "one-stop" centers for family violence victims. **Chet Fox, MD**, Clinical Associate Professor, is the Medical Director.
- **Kim Griswold, MD, MPH**, has been promoted to Associate Professor of Family Medicine and Psychiatry effective July 1, 2004.

Zervanos Awardee, continued from Page 1:

He was named one of the Best Family Physicians by Baltimore Magazine in 1997, 2000, and 2002. The Ladies Home Journal also named him one of the best Family Physicians in America in 2002. He was listed in Who's Who in America in 2004. His academic interests include Smoking Cessation and the recognition and treatment of Depression in the primary care setting. Dr. Ferentz has taught thousands of medical students, residents, and practicing physicians how to help their patients quit smoking. Dr. Ferentz is the designer of an award winning smoking cessation program, "1,2,3... Tobacco Free," which has been implemented in Baltimore area high schools. Dr. Ferentz has also participated in a number of clinical trials for anti-depressant medications and is recognized as a national leader regarding the care of mental illness in the primary care setting. He is a past-President of the Maryland Academy of Family Physicians and has served on several committees and commissions for the American Academy of Family Physicians. Outside the office, Dr. Ferentz finds time to continue his interest in theater as a member of Country Drama, a community theater group in Baltimore. For eight years he was the regular host of Sunday Rounds, the largest medical call-in show on public radio, heard nationwide, and around the world on the Armed Forces Radio Network and the Internet. His wife, Lisa, is a clinical social worker and they are the proud parents of Jacob, Zachary, and Noah.

WE Need Your Support !

Make a gift to the Family Medicine Endowment or Family Medicine Research Fund.

Online gifts may be made at:

wings.buffalo.edu/smb/s/fam-med/endowment.htm

OR mail your check

(payable to University at Buffalo Foundation, Inc.) to:

UB Dept. of Family Medicine

Attn: Joan B. Kernan

462 Grider Street, CC Bldg.

Buffalo, NY 14215

To Inquire About Making a Planned Gift, call Wendy Irving, Esq.
716-645-3312, ext. 238 or Toll Free: 877-825-3422

New or Repeat Donors

(since Spring Newsletter)

Dr. Craig Burrows

Dr. Franklin G. Gillig

Dr. Kevin J. Kelleher

Dr. J. Gregory King

Dr. Edward A. Langford

Dr. Stephen J. Levine

Dr. Shanti Rajendran

Dr. Julius Nagy

Dr. Zulma Rosado

Dr. Alan C. Smith

Dr. Robert S. Sobocinski

Dr. Robert B. Whitney

Praxis is published by the UB Department of Family Medicine. To submit news items, please contact Joan Kernan at: jkernan@acsu.buffalo.edu or (716)898-4742 or Andy Danzo at adanzo@buffalo.edu

Praxis Fall 2004

UB Dept. of Family Medicine
462 Grider Street
UB Clinical Center
Buffalo, NY 14215

wings.buffalo.edu/smb/fam-med/

Cogitations, continued from Page 1:

Dr. Cramer has been interested in research on the possible association of flying and deep vein thrombophlebitis that could benefit crews now regularly dispatched all around the world. The 107th Air Refueling Wing, as the name says, refuels jet planes in the air, moving at 300 knots at 25,000 feet. The 107th has contributed to the US Air Force's missions around the world and continues to support that mission from home base by daily refueling C5's and C 17's traveling back and forth to the Middle East. This didn't seem much like "reserve" duty.

These KC 135 R Stratotankers can carry 150,000 lbs. of jet fuel in their tank bladders. This is enough to fill the 15 g. tank in my Toyota once a week for 39 years. Based on the Boeing 707, most of these planes were made in the late 1950s but are rehabilitated regularly. Passenger seating consists of canvas cots along the interior walls above the fuel tanks. We went along on a refueling mission that took us from Niagara Falls to the Adirondack Mountains (in just 35 minutes!) where 5



Drs. Cramer and Rosenthal's view of an F16 fighter jet from their KC 135 R.

fighters were refueled by our Stratotanker. The fighter jets came in on the Stratotanker's left wing, one by one dipped below the Stratotanker, nudged up to within 25 feet to be pierced by the boom that pumped 10,000 pounds of fuel into the fighter jet in minutes, after which the now filled fighter moved to off the right wing to await the completion of the process. We all took a turn

lying next to a very talented boom operator who snared every jet's fuel intake port and pumped them full. Amazing!

Save the Date

November 6, 2004

Max Cheplove Annual Award dinner given by The Erie County Chapter of the New York State Academy of Family Physicians. Please come and celebrate 35 years of family practice training in Buffalo with speaker Norman Kahn Jr., MD, Vice President, AAFP, reflecting on Family Medicine: past, present and future. If you would like to attend and do not receive an invitation by October 1, email Joan Kernan: jkernan@buffalo.edu

Do You Know ?



Max Cheplove, MD, (1902-1983), is considered by many the father of Family Medicine in Buffalo. Max Cheplove, MD, (right), with Dr. Ernest Haynes, recipient of the Max Cheplove Award in 1973. Dr. Haynes was the first director of the Family Practice Center of Deaconess Hospital

from 1969-1972. Also pictured are Mrs. Haynes and Dr. Herbert E. Joyce, Interim Chair of the Department of Family Medicine from 1981-1983. The Erie County Academy of General Practice (now the AFP) inaugurated the Max Cheplove Award in 1969. The award is given to the individual who makes "the outstanding contribution to the ideals of family practice."