

# A Guided Hike to Zoar Valley!



Zoar Valley Canyon & Cattaraugus Creek



Zoar Valley Canyon



Zoar Valley- Knife Edge

Please join ISSS for professionally guided hike in one of the region's most spectacular places – **Zoar Valley**.

We will enjoy the natural beauty, rapids, waterfalls, majestic cliffs and ancient trees of Zoar.

## The Hike:

We will take a mindful hike into Zoar and observe her beautiful vistas, hike up a natural pyramid, cross the Cattaraugus Creek together (be prepared to get wet or go barefoot across the creek), hike to a waterfall, visit an ancient tree, swim if the weather permits and enjoy the natural splendor that is Zoar Valley. This hike will be led by Albert Brown, who has guided many treks into Zoar and is the President of Friends of the Ancient Forest. **SPACE IS VERY LIMITED!!!!**

**Date: Saturday, June 20, 2009**

**Meet at: North Campus Flint Loop, 9:00 AM or**

**Main Circle at South Campus, 9:10 AM**

***(please specify your preference at sign-up)***

**Event Fee: \$26** (includes round-trip bus transportation & guided tour)

**What to bring: A picnic lunch, water, camera, good walking shoes/boots, clothing suited for the weather (If it's warm you can swim, so bring your swim suit & a towel).**

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*Guided Hike to Zoar Valley with ISSS on* **June 20, 2009**

**SIGN UP AT 210 TALBERT HALL BEFORE 5:00 ON THURSDAY, JUNE 18.**

Family Name: \_\_\_\_\_

Given Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: (     ) - \_\_\_\_\_

North Campus Departure \_\_\_\_\_

South Campus Departure \_\_\_\_\_