
Become more proficient at ordering food in a restaurant—both fast food and sit-down restaurants. Learn more about reading menus, and practice the questions and answers you need to order the food and drinks you want.
Presenter: Colleen Maloney-Berman, English Language Institute, UB

Thursday, September 8
3:30-4:50
Norton Hall 213, North Campus

Car Insurance 101: How to Choose It & What to Do If You Have an Accident

Learn what types of insurance coverage are available, how they differ, what the State of New York requires and what to do if you have an accident.
Presenter: Jeffrey Rakas, American Automobile Association (AAA)

Tuesday, September 13
3:30-4:30
Student Union 330, North Campus

How to Communicate More Effectively with UB Employees

Have you ever had an interaction with a UB employee that did not go as you expected? Were you ever in a situation where you could not communicate your needs effectively in a UB office? Come learn language and culture tips for successful communication in University offices.
Presenters: Ellen Dussourd, International Student & Scholar Services, UB; Keith Otto, English Language Institute, UB

Wednesday, September 21
3:30-4:45
Talbert Hall 103, North Campus

Your F-1 Immigration Status: A Refresher

Do you remember what it means to maintain your F-1 status? Do you have questions about what you can and cannot do as an F-1 student? We will discuss course registration requirements, working on- and off-campus, domestic and international travel, your immigration documents and much more!
Note: You must be on time for this session. Students who arrive after it has started will not be admitted.
Presenters: Amy Burk, Chris Bragdon and Jessica Ereiz, International Student & Scholar Services, UB

Friday, September 23
3:00-4:30
Baldy Hall 101, North Campus

Thursday, October 6
2:00-3:30
Knox Hall 14, North Campus

Friday, October 21
3:00-4:30
Baldy Hall 101, North Campus

F-1 Employment Authorization: Curricular & Optional Practical Training

Learn the differences between Curricular Practical Training (CPT) and Optional Practical Training (OPT), and how to apply for these F-1 employment authorization benefits. Discuss the 24-Month OPT STEM Extension, travel restrictions and other concerns.
Presenters: Amy Burk and Chris Bragdon, International Student & Scholar Services, UB
Advanced Optional Practical Training: H-1B Cap Gap Extension & 24-Month STEM Extension

Come find out about advanced Optional Practical Training topics. Learn how to transition from Post-Completion Optional Practical Training, tips for applying, how to avoid Requests for Further Evidence and things to consider before traveling. **Note: This is not a workshop for beginners. Prior attendance at “F-1 Employment Authorization: Curricular & Optional Practical Training” is required.**

Presenter: Jessica Ereiz, International Student & Scholar Services, UB

Tuesday, September 27
3:30-4:45   Natural Sciences Complex 222, North Campus

Friday, November 4
12:00-1:15  Clemens Hall 17, North Campus

Living with a Roommate from Another Culture: Tips and Advice

Living with a roommate from another culture can be an incredibly rewarding college experience. Whether it is learning about new traditions, developing a cross-cultural friendship, or surmounting language barriers, having a roommate from another culture can be both fun and challenging! Attend this workshop for tips and advice on living with roommates and creating a home away from home.

Presenter: Chris Bragdon, International Student & Scholar Services, UB; UB International Students

Thursday, September 29
3:30-4:30  Student Union 210, North Campus

Your Passport to Employment: Tips & Strategies from UB Alumni

Are you embarking on your job search? Come hear UB alumni discuss their experiences searching for a suitable position and, after they were hired, adapting to the U.S. workplace and their employer's work environment.

Presenters: UB Alumni

Tuesday, October 4 (IT)
3:30-4:50   Natural Sciences Complex 210, North Campus

Friday, October 18 (Management)
3:00-4:30  Jacobs Management Center 106, North Campus

H-1B Visas: An Information Session for Students

Are you a student who would like to know about work options after OPT? Come learn what an H-1B visa is, who is eligible for it, what the steps are for obtaining an H-1B visa and so on.

Presenter: Ellen Dussourd, International Student & Scholar Services, UB

Tuesday, October 4
3:30-4:30  Natural Sciences Complex 222, North Campus

Friday, October 28
12:00-12:50  Clemens Hall 17, North Campus

Immigration: The Basics for Planning Your Future

What options are available to allow you to live and work in the U.S. after graduation? How do you decide which option works best for you? Come learn about nonimmigrant and immigrant visa options, the requirements, the processes to obtain them, and who to call for information and assistance.

Presenter: James Eiss, Esq., Law Office of James D. Eiss, Buffalo

Friday, October 7
3:00-4:30  Clemens Hall 120, North Campus
Immigration for Entrepreneurs
Do you hope to start your own company? This session will discuss the visa statuses available for those who want to start, own, operate and work in new entrepreneurial ventures, what the requirements are, and how to apply for these statuses.
Presenter: James Eiss, Esq., Law Office of James D. Eiss, Buffalo
Friday, October 28 3:00-4:30 Clemens Hall 120, North Campus

Winter Driving
Do you know how to drive safely on snow and ice? Come learn safety tips for driving in the winter.
Presenter: Kristen Godzala, American Automobile Association (AAA)
Wednesday, November 9 4:00-5:00 Student Union 330, North Campus

AAA Driver Improvement Course
AAA’s six-hour defensive driving course will enable you to receive a 10% discount on your car insurance, reduce the number of points on your driving record (if you have any violations), refresh your driving skills and learn techniques for collision prevention. Advance Registration is required. Please contact ISSS, 210 Talbert Hall (645-2258, isss@buffalo.edu) for instructions on how to register. Course Fee: $29.
Presenter: American Automobile Association (AAA) Representative
Saturday, September 10 9:00-3:30 Student Union 210, North Campus
Saturday, October 22 9:00-3:30 Student Union 210, North Campus

Academic Integrity in the U.S.
Learn how academic integrity is defined in the U.S. What actions are considered to be cheating? And what are the consequences to such academic integrity violations?
Presenter: Ellen Dussourd, UB International Student & Scholar Services
Monday, October 24 3:00-3:50 Capen Hall 10, North Campus

Holidays Around the World: Canada
Over 100 countries are represented at UB. Have you ever wondered about the cultural, historical, political and religious holidays celebrated in other countries? Come listen to Canadian students present the origin, significance and customs surrounding major holidays celebrated in Canada.
Presenters: UB International Students
Tuesday, November 15 12:00-1:00 Student Union 210, North Campus