

# ISSS NEWSLETTER FOR INTERNATIONAL STUDENTS

September 17, 2011

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ANNOUNCEMENTS  
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REMINDER FOR INTERNATIONAL STUDENTS: RENTER'S INSURANCE  
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Did you ever think about what you would do if you lost your belongings to fire or theft? You can protect yourself from such losses by purchasing renter's insurance. Visit [www.buffalo.edu/intlservices/pdf\\_files/RentersInsurance.pdf](http://www.buffalo.edu/intlservices/pdf_files/RentersInsurance.pdf) for more information.

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TIPS FOR INTERNATIONAL STUDENTS: COUNSELING SERVICES AT UB  
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Your UB student fees pay for services which can help you maintain your health. If you are experiencing signs that your emotional health is suffering (e.g. stress, anxiety, depression, cultural adjustment or relationship problems), please make an appointment at UB's Counseling Services (120 Richmond Quad, North Campus; Tel. 645-2720). A visit with a counselor can help you feel better, have healthier relationships and focus better on your studies.

In case you prefer to speak with a counselor in your native language, UB's counselors speak Gujarati, Hindi, Marathi and Tagalog.

Counseling Services is open on Monday, Tuesday and Friday: 8:30-5:00, and Wednesday and Thursday: 8:30-7:00 (plus additional hours at Michael Hall, South Campus). Same-day appointments are available for students who encounter a personal crisis. If a crisis arises after regular hours or on weekends, you can call UB police at 645-2222 and ask to speak with a Counselor On Call. Or you can call Buffalo's Crisis Services at 834-3131.

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ISSS WORKSHOPS  
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**“Your Passport to Employment: Tips & Strategies from UB IT Alumni”**

Thursday, September 22

4:30-6:00

Clemens Hall 120, North Campus

Moderator

Prof. Geoffrey Challen, Department of Computer Science & Engineering, UB

Panelists

Dr. Anurag Bhardwaj - Research Scientist, eBay Research Labs

Dr. Faisal Farooq - Staff Scientist, Siemens Healthcare

Dr. Debra Burhans – Associate Professor and Co-Chair of Computer Science, and Director of Bioinformatics, Canisius College

Dr. Mohit Virendra – Operating Systems Engineering Group, Brocade Communications Systems Inc.

**Note: Tickets are required for this event. Bring your UB Card to ISSS, 210 Talbert Hall to receive your ticket.**

<http://www.buffalo.edu/calendar/calendar?action=describe&which=3C406006-BD3C-11E0-ACDA-B4AEFDE5BC8B&lastaction=search&category=&time=&thismonth=&from=09%2F22%2F2011&until>

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ISSS TRIPS & ACTIVITIES

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GUIDED HISTORICAL WALKING TOUR OF DOWNTOWN BUFFALO

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Join ISSS for a guided walking tour of some of Buffalo’s historical sites, landmarks and architecture. Visit downtown Buffalo and learn about the city’s rich history. Come see Buffalo up close and personal, and explore some places you would not find on your own.

Date: Saturday, September 24

Time: 9:30 (meet at UB Metro Station), 10:00-1:00 (tour), 1:00-2:30 (optional lunch)

Cost: \$8 for tour + \$3.50 for roundtrip Metro ticket + Lunch (optional)

Sign-Up Deadline: 2:00 p.m., Friday, September 23

Download the trip flyer, and bring exact change to ISSS, Talbert Hall 210, North Campus. This trip is limited to 25 people so do not wait to sign up!

[http://wings.buffalo.edu/intlservices/trips\\_and\\_acti.html](http://wings.buffalo.edu/intlservices/trips_and_acti.html)

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GUIDED HIKE OF GRIFFIS SCULPTURE PARK  
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The first sculpture park in the U.S., this outdoor art museum features more than 250 works of art created by over 100 artists. Its 16 kilometers of trails also serve as a nature preserve.

Date: Saturday, October 1

Meeting Time: 10:00 a.m. (Flint Loop, North Campus)

Return Time: 3:30 p.m.

Cost: \$5 (for bus fare and tour)

Bring: Good walking shoes, rain gear and lunch

Download the trip flyer, and bring exact change to ISSS, Talbert Hall 210, North Campus.

<http://wings.buffalo.edu/intlservices/documents/GriffisHike2011.pdf>

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UB WORKSHOPS  
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**“What Would You Do? Bystander Intervention Training”**

Tuesday, September 20

4:00-5:00

Student Union 210, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1399&lastaction=search&category=&time=&thismonth=&from=09%2F16%2F2011&until=>

**“Resume Writing for Jobs and Internships”**

Tuesday, September 20

4:00-5:00

Capen Hall 259, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1037&lastaction=search&category=&time=&thismonth=&from=09%2F20%2F2011&until=>

**“Who Will U B?”**

Tuesday, September 20

5:00-6:00

Student Union 240, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1280&lastaction=search&category=&time=&thismonth=&from=09%2F16%2F2011&until=>

**“Recycling and Composting: At Home and at School”**

Wednesday, September 21

12:00-1:00

Social Hall, Student Union

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1139&lastaction=&category=&time=&thismonth=&from=&until=>

**“Time Management and Study Skills”**

Wednesday, September 21

3:00-4:00

Park Hall 275, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1003&lastaction=&category=&time=&thismonth=&from=&until=>

**“How to Support UB’s Smoke-Free Campus”**

Wednesday, September 21

4:00-5:00

Student Union 235, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1158&lastaction=&category=&time=&thismonth=&from=&until=>

**“Virtual Interviews and Job Fairs: How to Prepare”**

Wednesday, September 21

4:00-5:00

Capen Hall 259, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1039&lastaction=&category=&time=&thismonth=&from=&until=>

**“How to Help a Sexual Assault Survivor”**

Wednesday, September 21

4:00-5:00

Diefendorf Hall 207, South Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1400&lastaction=&category=&time=&thismonth=&from=&until=>

**“Advocacy in the Community: America’s Youth”**

Wednesday, September 21

5:00-6:00

Student Union 240, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1061&lastaction=&category=&time=&thismonth=&from=&until=>

**“Deciding on an Academic Major: Special Topic for Sophomores”**

Wednesday, September 21

6:00-7:00

William Greiner Hall (Room TBA), North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1038&lastaction=&category=&time=&thismonth=&from=&until=>

**“So You Want to Be a Doctor, Dentist, Vet, Optometrist, Podiatrist or Chiropractor?”**

Thursday, September 22

3:30-4:20

Student Union 145A, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1016&lastaction=search&category=&time=&thismonth=&from=09%2F22%2F2011&until=>

**“Researching Graduate Schools: How to Find and Get into the Graduate School of Your Choice”**

Thursday, September 22

4:00-5:00

Norton Hall 17, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1015&lastaction=&category=&time=&thismonth=&from=&until=>

**“Getting Involved in Real Research: Basics for UB Undergraduates”**

Thursday, September 22

4:05-4:50

Capen Hall 12, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1394&lastaction=&category=&time=&thismonth=&from=&until=>

**“Yoga for Student Living”**

Mondays & Thursdays, September 22 – December 8 (except 9/29, 11/21, 11/24)

5:00-6:15

Richmond Quad 271, Ellicott Complex, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1161&lastaction=&category=&time=&thismonth=&from=&until=>

**“Cultural Cooking”**

Thursday, September 22

5:30-7:30

South Lake Village Lounge, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1160&lastaction=&category=&time=&thismonth=&from=&until=>

**“Diversity Institute: Part I”**

Saturday, September 24

10:00-2:00

Student Union 145, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1112&lastaction=search&category=&time=&thismonth=&from=09%2F24%2F2011&until=>

**“Getting Connected: Friendship at UB”**

Monday, September 26

4:00-5:00

Student Union 250, North Campus

<http://www.buffalo.edu/calendar/calendar?action=describe&which=1099&lastaction=search&category=&time=&thismonth=&from=09%2F24%2F2011&until=>