Welcome to all new students! This e-newsletter enables the Office of International Student and Scholar Services to communicate directly with you and share information of particular interest to international students.

Please stop by our office if you have a question or need our services. We are located in Talbert Hall 210, North Campus. Our office hours are 9:00-5:00 on Mondays-Fridays. We can also be reached by phone at 645-2258 or by e-mail at isss@buffalo.edu. Our website is located at www.buffalo.edu/intlservices.

1. Announcements
   - Requirement to Complete Haven (Haven Plus)
   - International Tea Time
   - Spanish Conversation Table
   - Flywire: A Way to Pay Your Bill

2. ISSS Workshops
   - “Winter Driving”
   - “AAA Driver Improvement Course”

3. ISSS Trips and Activities
   - Cross Country Skiing Trip

4. UB Workshops
   - “Tackling Microaggressions on College Campuses”
   - “Dating in the U.S.”
   - “Intro to Meditation”
   - “Meditation Group”
REQUIREMENT TO COMPLETE HAVEN OR HAVEN PLUS

All new students are required to complete the Haven or Haven Plus course. It provides information on how to build healthy relationships and how to access campus resources.

Both Haven and Haven Plus consist of two parts. You must complete Part 1 by February 3, 2017. You will then receive an email inviting you to complete Part 2 forty-five days after you complete Part 1. The final due date for Part 2 is March 20, 2017.

Graduate Students will complete “Haven Plus” only.
Undergraduate Students will complete “Haven” only.

Note: You will need your UBIT name and password to login to the Haven or Haven Plus course. If you use a personal email address, UB will not have any record that you completed the course. Please follow this link to begin the course: http://www.student-affairs.buffalo.edu/shs/wes/newstudents.php

INTERNATIONAL TEA TIME

Do you enjoy meeting new people, playing games and having tea? If so, please join us for International Tea Time!

International Tea Time brings together international and U.S. students for conversation and fun. We meet each week, play games, talk and get to know each other. For more information: http://ub-counseling.buffalo.edu/tea.php.

Dates: Every Tuesday
Time: 5:00-6:30
Place: Student Union 240, North Campus

Organizer: UB Counseling Services

SPANISH CONVERSATION TABLE

Would you like to improve your Spanish conversation skills for class or personal use? Come have informal conversations while playing games and enjoying snacks. Interact with native speakers and learn about their cultures. Get to know other UB students through the use of Spanish.
FLYWIRE: A WAY TO PAY YOUR UB BILL

UB partners with Flywire to provide an easy and secure method of sending international payments.

Flywire allows you to:
• Save on bank fees and exchange rates in over 48 currencies
• Receive peace of mind with dedicated multilingual customer support
• Track your payment from start to finish

Go to https://www.flywire.com/school/buffalo/ to make your payment and learn more.

ISSS WORKSHOPS

“Winter Driving”
Friday, February 3
12:00-12:50
Clemens Hall 322, North Campus

“AAA Driver Improvement Course”
Saturday, February 4
9:00-3:30
Student Union 210, North Campus

ISSS TRIPS & ACTIVITIES

CROSS-COUNTRY SKI TRIP

Come cross-country (Nordic) skiing with us at a ski resort close to Buffalo. Enjoy the beauty of the winter landscape, and the peace and quiet of the countryside. Learn from professionals to ski Nordic style!

Date: Saturday, February 11
Meeting Time: 8:45 a.m.
Meeting Place: Flint Loop, North Campus
Return Time: 4:00 p.m.
Cost: $37 (for round-trip transportation, equipment rental, professional lesson, trail pass) (non-refundable)
Sign-Up Deadline: 11:59 p.m. on Wednesday, February 8 (or when sold out)

Sign up at https://www.ubevents.org/event/1617issstrips


UB WORKSHOPS

“Tackling Microagressions on College Campuses”
Thursday, February 2
4:00-5:30
Student Union 240, North Campus

“Dating in the U.S.”
Thursday, February 2
5:00-6:00
Student Union 250, North Campus

http://www.buffalo.edu/calendar/calendar?action=describe&which=4552949A-C955-11E6-8617-9C1A315FBC6E&lastaction=search&category=&time=&thismonth=&from=02%2F02%2F2017&until=02%2F04%2F2017

“Intro to Meditation”
Fridays, February 3 – May 5 (except 3/24 & 4/7)
3:00-3:30
Student Union 114, North Campus

“Meditation Group”
Fridays, February 3 – May 5 (except 3/24 & 4/7)
3:30-4:30
Student Union 114, North Campus