

ISSS GLOBAL NEWSLETTER

October 5, 2009

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FILIPINO AMERICAN STUDENT ASSOCIATION FUNDRAISER FOR VICTIMS OF
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As you may have heard, the Philippines have been hit by a devastating typhoon. The death toll as of September 30, 2009 was 250 and is still rising. 80% of Manila is submerged in water, 390,000 people are displaced and the homes of 2.3 million people are affected. Residents stand on rooftops seeking help, and wade through waters in search of food, shelter and loved ones. They need your help.

In this state of calamity, we need to persevere and make a difference. The Filipino American Student Association would like to invite you to attend and participate in our Open Mic/Coffee Shop fundraiser “Stage Support- A Fundraiser for the Typhoon Ondoy Victims”. There will be a variety of performances, including singing, dancing, comedy and much more. Your organization is also invited to perform (Please email buffalofasa@gmail.com). 100% of the proceeds will go to the Philippines Red Cross.

Date: Sunday, October 11
Time: 6:00-10:00 p.m.
Place: Student Union 210, North Campus

Here is the event link for more information:
<http://www.facebook.com/event.php?eid=146956107061&index=1>

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Executive Board 2009-2010
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ETIQUETTE DINNER

Stumped by which fork, knife, and glass to use at a business dinner? Don't embarrass yourself and lose your chance at getting the job offer. Attend this informative program where you'll learn the correct way to handle yourself and the silverware too! Dinner includes soup, salad, chicken or vegetarian option and dessert. The menu is subject to change.

You must pre-pay and pre-register to attend this event by going to Career Services, 259 Capen Hall by October 14. The \$10 fee may be paid by cash, check, credit card, Campus Cash, Dining Dollars or UB meal plan. Questions? Contact Emily Chabala at 645-4623 or kustreba@buffalo.edu.

Date: Wednesday, October 21
Time: 5:00-7:00 p.m.
Place: Bert's, Talbert Hall (Ground Floor)
Sign-Up Deadlines: Wednesday, October 14

ISSS TRIPS & ACTIVITIES

GUIDED, HISTORICAL WALKING TOUR OF ALLENTOWN

Buffalo's historic Allentown district got its name from Lewis Allen, who bought the land in 1827. Since then, Allentown has become one of the city's main art, cultural and historical districts. It has also been home to a number of famous Buffalonians, including U.S. President Millard Fillmore, and authors Samuel L. Clemens (Mark Twain) and F. Scott Fitzgerald. Come join ISSS on a walking tour of this historic district with our professional tour guide Todd Mitchell!

Date: Saturday, October 10
Meeting Time: 9:30 a.m. / Tour Time: 9:30-1:30 (3:00 if you join the guide for lunch)
Meeting Place: UB Metro Station, South Campus
Cost: \$8 for tour (non-refundable) + \$3.50 for Metro (payable at Metro Station)
Sign-Up Deadline: Friday, October 9 at 2:00 p.m. (or until sold out)

To sign up, pick up a reservation form in our office or download it from www.buffalo.edu/intlservices/documents/AllentownWalkingTour2009.pdf and return it along with the \$8 non-refundable fee to ISSS, 210 Talbert Hall. We accept only cash and ask you to bring exact change. This trip is limited to 25 people so don't delay!

GUIDED HIKE AT NIAGARA FALLS: WHIRLPOOL TO DEVIL'S HOLE GORGE

Devil's Hole State Park overlooks the lower Whirlpool rapids. A wildly beautiful walkway leads down from the park along the turbulent Niagara River 100 meters into the wooded gorge and offers an up-close, spectacular view of the gorge's rapids. This professionally-guided hike will descend to the base of the Niagara Gorge at Whirlpool State Park and continue downstream along rugged trails. It will be a truly memorable experience.

Note: This hike is of moderate difficulty so be sure you are physically prepared and dressed appropriately. Quality hiking boots or shoes are essential.

Date: Sunday, October 11

Meeting Time: 9:00 a.m. (Main Loop, South Campus) / 9:15 a.m. (Flint Loop, North Campus)

Cost: \$11 (for round trip bus fare and guided hike)

Return Time: 2:30 p.m.

Sign-Up Deadline: Friday, October 9 at 2:00 p.m. (or until sold out)

To sign up, download a flyer at

www.buffalo.edu/intlservices/documents/DevilsHoleGuidedHike2009.pdf or pick one up in our office, fill it out and return it with the \$11 non-refundable fee to ISSS, 210 Talbert Hall. We accept only cash and ask you to bring exact change.

ISSS WORKSHOPS

“Crossing the Border: Your Rights and Responsibilities”

Thursday, October 8

12:30-2:00

Clemens Hall 120, North Campus

This workshop brings together an immigration attorney and Customs & Border Protection agents in an open discussion of the border-crossing process. It will provide specific information about entering the U.S. and practical do's and don'ts for crossing any international border.

Presenters: James D. Eiss, Esq., Law Offices of James D. Eiss, Buffalo / Kevin Corsaro & Keith Kanopa, Customs & Border Protection, Department of Homeland Security

“AAA Driver Improvement Course”

Saturday, October 10

9:00-3:30

Clemens Hall 120, North Campus

AAA's six-hour defensive driving course will enable you to receive a 10% discount on your car insurance, reduce the number of points on your driving record (if you have any violations),

refresh your driving skills and learn techniques for collision prevention. Advance Registration is required. Please register at www.nyaaa.com/auto/driverprograms/schedule/buffalo. Course Fee: \$27.

Presenter: American Automobile Association (AAA) Representative

“Know Your Rights / Q&A with Immigration & Customs Enforcement Officers”

Wednesday, October 14

3:30-5:00

Clemens Hall 120, North Campus

Do you know your rights as a nonimmigrant in your house, on the street and during a traffic stop? Do you know what happens if you fall out of immigration status and what your options are if you are caught? This session discusses immigration law and policies that apply from the arrest of an out-of-status nonimmigrant through detention and immigration court to departure from the U.S. Come find out about the role of Immigration & Customs Enforcement, removal hearings, posting bond and relief against removal.

Presenters: Sophie Feal, Esq., Supervising Immigration Attorney, Erie County Bar Association Volunteer Lawyers Project, Inc. / Keara Jamieson, Special Agent & Christopher Alessandra, Acting Group Supervisor--SEVIS Investigations, Immigration & Customs Enforcement, Department of Homeland Security

ACADEMICS & STUDY SKILLS WORKSHOPS

“TRANSFERmation”

Wednesday, October 7

12:00-12:50

Norton Hall 111, North Campus

New transfer students – join us for an informal discussion between new and former transfer students and academic advising staff. Discover the best strategies for ensuring a smooth academic and social transition to UB.

Presented by Student Advising Services, UB

“Time Management Strategies”

Wednesday, October 7

3:00-3:50

Norton Hall 111, North Campus

This workshop will focus on ways to arrange and manage your time in an academic setting. We will discuss goals, priorities, expectations about time spent studying outside of the classroom, course syllabi, and use of some type of planner.

Presented by Student Advising Services, UB

“Major Decisions: Choosing an Academic Major That is Right for You”

Thursday, October 8

4:00- 4:50

Student Union 145C, North Campus

Discover the information you need to make the right choices regarding majors, minors and other academic opportunities available at UB.

Presented by Student Advising Services, UB

“Strategies to Finding Nationally Competitive Scholarship and Fellowship Opportunities”

Friday, October 9

3:00-4:00

Norton Hall 17, North Campus

We’ll introduce you to various national and international scholarships and fellowships. These awards provide undergraduate and graduate funding to outstanding students. Learn about strategies you can follow to maximize your success in pursuing these opportunities.

Presented by Undergraduate Academies, UB

“Non-Matriculated Students”

Monday, October 12

2:00-2:50

Norton Hall 111, North Campus

Non-matriculated students can meet in a group setting to discuss applying to UB and academic majors, as well as other concerns.

Presented by Student Advising Services, UB

CAREER WORKSHOPS

“Writing a Cover Letter”

Tuesday, October 6

2:00-3:00

Capen Hall 259, North Campus

Unique cover letters draw attention to your resume. Learn the key ingredients to successful cover letter writing. See examples, and find out how to individualize and strengthen your cover letter writing techniques.

Presented by Career Services, UB

“So You Want to Be a Doctor, Dentist, Vet, Optometrist, Podiatrist or Chiropractor”

Tuesday, October 6

2:00-2:50

Norton Hall 111, North Campus

If you are a freshman or sophomore, or perhaps are just beginning to explore these health professions, come learn what you can be doing NOW to prepare and become a competitive applicant for admission to a professional health school.

Presented by Student Advising Services, UB

“Communication Majors: Career Success Strategies”

Tuesday, October 6

3:30-4:30

Student Union 210, North Campus

This workshop will help you assess yourself and your interests, and give you strategies to explore a variety of options that you may have never considered. Come find out how you can use your communication major to find the job, career, internship or graduate school program of your dreams. Participants are encouraged to bring their laptop computer or other web access device to the workshop.

Presented by Career Services, UB

“All Majors Resumania”

Wednesday, October 7

11:00-4:00

Capen Hall 259, North Campus

Get your resume in shape! You never know when opportunity will present itself so be ready for it with your resume.

Presented by Career Services, UB

“Facebook and LinkedIn: Using Social Networking Sites to Find a Job/Internship”

Thursday, October 8

4:00-5:00

Student Union 145A, North Campus

This enlightening discussion may change the way you view your social networking page, especially when looking for a job or internship.

Presented by Career Services, UB

“The Art of Interviewing”

Monday, October 12

4:00-5:00

Capen Hall 259, North Campus

Who gets the job or internship? It typically goes to the candidate who interviews the best. This workshop will prepare you for that all-important job interview.

Presented by Career Services, UB

WELLNESS & RECREATION

“What Does It Mean to Be a ‘Man’ at UB?”

Tuesday, October 6
1:00-2:00
Student Union 210, North Campus

Come join other UB men to talk about issues that matter to you – sex, athletics, violence, relationships, men’s health, and what being a man means to you.

Presented by Wellness Education Services, UB

“Budgeting: Creating Your Spending Plan”

Tuesday, October 6
2:30-3:30
Student Union 317, North Campus

This workshop is designed to encourage students to track their expenses, consider their wants and needs, make wise choices and practice living within their budgets. We will give you the tools to create your "spending plan", a purposeful map for how you plan to spend your money.

Presented by Student Academic Records & Financial Services, UB

International Students “Plan Your Quit”: A Special Smoking Cessation Workshop

Wednesday, October 7
12:00-1:00
Student Union 235, North Campus

International students will share their experiences with quitting smoking and coach you to succeed with your own plan to cut back and quit for good. A link to free nicotine replacement gum, lozenges or patches will also be provided.

Presented by Wellness Education Services, UB

“How to Help a Sexual Assault Survivor”

Wednesday, October 7
1:00-2:00
Student Union 210, North Campus

One in four college women will experience a sexual assault during her academic career (NYSCASA.org). Learn how to respond if someone you know experiences a rape or sexual assault. Participants will learn how to help others recover from rape and sexual assault, tap into local resources and get involved in prevention efforts at UB.

Presented by Wellness Education Services, UB

“Close Quarters: Roommate Success”

Wednesday, October 7
3:00-4:00
Student Union 250, North Campus

Are you having a hard time getting along with your roommate? Learning to live comfortably with another person can present many challenges as well as rewards. Come learn to communicate more effectively with your roommate.

Presented by Counseling Services, UB

“25 Tips to Stretch Your Dollars”

Thursday, October 8
2:30-3:30
Student Union 330, North Campus

Discover quick tips to help you stretch your money and leave college with manageable debt. We’ll look at how you can save on food, rent, expenses, gifts and entertainment.

Presented by Student Academic Records & Financial Services, UB

LEADERSHIP WORKSHOPS

“Decision-Making with Confidence”

Thursday, October 8
5:30-6:30
Student Union 235, North Campus

Every day you make hundreds of decisions, but do you ever doubt if those are the right decisions? Come learn how to make both quick, well thought out, confident decisions using the Six Hats of Decision Making, PMI and Thin Slicing.

Presented by Student Leadership & Community Engagement, UB

DIVERSITY

Global Competency Series: “Comfort with Difference”

Wednesday, October 7
1:00-2:00
Student Union 240, North Campus

How comfortable are you with difference? Join us to begin developing a skill set that will enable you to: adapt and be more flexible in new and changing situations, handle difficult dialogue and situations surrounding difference, and become resourceful in new and challenging environments. This workshop is part of the Global Competency Series. You may register for as many parts as

you would like. By attending all three parts, UB students may receive a Global Competency Certificate.

Presented by the Intercultural & Diversity Center, UB

“Learning About American Culture”

Thursday, October 8

5:00-6:00

Student Union 250, North Campus

International students are invited to attend this workshop. Come and join a safe environment to share your experiences/observations about American culture, discuss culture shock, cultural adjustment and negotiating new systems (e.g., law system, health care system). Learn tips for surviving cultural differences and building support networks.

Presented by Counseling Services, UB

“Diversity Institute: Part I”

Saturday, October 10

10:00-2:00

Student Union 240, North Campus

Join us for a guided discussion of topics of race, ethnicity, class, gender and other issues relevant to social justice. Students, faculty and staff will converse about inequality in our world and how that affects the perspective of both the individual and the larger culture. We will address questions such as: How does the world look through your cultural lens? What are privilege and oppression, and how do they operate in our society? How do class, gender and race impact our lives? How do you have a ‘courageous conversation’? The Diversity Institute is a 2-part program. You may register for either or both parts. UB students attending both Parts I and II may receive a Diversity Institute Certificate.

Presented by the Intercultural & Diversity Center, UB