

ISSS GLOBAL NEWSLETTER

October 24, 2009

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ISSS WORKSHOPS

“How to Buy & Maintain Your Car”

Monday, October 26

3:00-4:30

Capen Hall 31, North Campus

Learn tips for finding a good used car that matches your budget, negotiating the best price and keeping your car in good running condition in all seasons.

Presenters: John Schneider & Jim Wirth, American Automobile Association (AAA)

“F-1 Employment Authorization: Curricular & Optional Practical Training”

Tuesday, October 27

12:30-1:45

Capen Hall 31, North Campus

Learn the differences between Curricular Practical Training (CPT) and Optional Practical Training (OPT), and how to apply for these F-1 employment authorization benefits. Discuss the 17-month OPT extension rule, travel restrictions and other concerns.

Presenters: Eric Comins, Diane Hardy & Jessica Kumro, International Student & Scholar Services, UB

“Immigration: A Guide to Work after Graduation”

Thursday, October 29

3:30-5:00

Clemens Hall 120, North Campus

Are you interested in finding out about temporary business visa options other than H-1B and permanent residence options? Come expand your knowledge of visa categories. Learn when an immigration attorney is needed and how to choose one.

Presenter: Rosanne Mayer, Esq., Miller Mayer, LLP, Ithaca, NY

“Winter Driving”

Wednesday, November 4

4:00-5:00

Capen Hall 31, North Campus

Do you know how to drive safely on snow and ice? Come learn safety tips for driving in the winter.

Presenter: Michael Marinaccio, American Automobile Association (AAA)

“AAA Driver Improvement Course”

Saturday, November 7

9:00-3:30

Clemens Hall 120, North Campus

AAA's six-hour defensive driving course will enable you to receive a 10% discount on your car insurance, reduce the number of points on your driving record (if you have any violations), refresh your driving skills and learn techniques for collision prevention. Advance Registration is required. Please register at www.nyaaa.com/auto/driverprograms/schedule/buffalo. Course Fee: \$27.

Presenter: Joseph Slazak, American Automobile Association (AAA)

ACADEMICS & STUDY SKILLS WORKSHOPS

“How to Register for Classes”

Tuesday, October 27

3:30-4:20

Norton Hall 111, North Campus

We'll show you how to use: the undergraduate catalog and DARS as planning tools; the class schedule to find courses; and the web registration system to sign up for courses. We will also look at when the semester's grades will be posted, and discuss why schedules should possibly be adjusted, based on grades.

Presented by Student Advising Services, UB

“Study Skills and Strategies”

Thursday, October 29

2:00-2:50

Norton Hall 111, North Campus

We will discuss ways in which you can increase your retention and eventual recall of information using a variety of study tools and techniques.

Presented by Student Advising Services, UB

CAREER WORKSHOPS

“Perfecting the Personal Statement”

Tuesday, October 27

12:30-1:30

Capen Hall 259, North Campus

Applying for graduate school? This session will cover the DOs and DON'Ts of crafting a top-notch essay. Learn techniques to get your creative juices flowing and gain inside tips from top admissions officers!

Presented by Career Services, UB

“Green Careers for Non-Science Majors: Panel Discussion”

Tuesday, October 27

3:30-4:30

Student Union 210, North Campus

You can work in a “green-collar” job or industry, no matter what your major. Growing industries such as sustainable energy, recycling, conservation, ecology and environmental education offer a variety of career and internship opportunities. This panel discussion will feature professionals in these fields from a variety of majors. All majors and undeclared students are welcome.

Presented by Career Services, UB

“Perfecting the Law School Personal Statement”

Wednesday, October 28

1:00-1:50

Student Union 250, North Campus

Your personal statement can be the deciding factor for acceptance into law school. This session will teach you how to write a winning essay that will positively impact your overall application.

Presented by Student Advising Services, UB

“Got a Passion for Careers in School Counseling, School Psychology or School Social Work?”

Wednesday, October 28

3:30-5:00

Capen Hall 12, North Campus

Find out more about these great career choices for the K-12 education environment. Guest speakers in each area will talk about UB’s graduate programs and the day-to-day responsibilities of professionals in each field.

Presented by Career Services, UB

“So You Want to be a Doctor, Dentist, Vet, Optometrist, Podiatrist or Chiropractor”

Thursday, October 29

3:30-4:20

Norton Hall 111, North Campus

Monday, November 2

4:00-4:50

Norton Hall 17, North Campus

If you are a freshman or sophomore, or perhaps are just beginning to explore these health professions, come learn what you can be doing NOW to prepare and become a competitive applicant for admission to a professional health school.

Presented by Student Advising Services, UB

“What are Post-Bac Programs and What Do I Need to Know About Them?”

Thursday, October 29

4:00-5:30

Student Union 330, North Campus

As admission to the professional health schools (medicine, dentistry...) becomes increasingly competitive, a greater number of applicants are enrolling in post-baccalaureate programs to help enhance their academic credentials for admission. Consider attending this workshop to learn about the various types of post-bac programs that exist and how to research them.

Presented by Student Advising Services, UB

“The Art of Interviewing for a Job or Internship”

Thursday, October 29

5:30-6:30

Norton Hall 17, North Campus

Who gets the job or internship? It typically goes to the candidate who interviews the best. This workshop will prepare you for that all-important job interview.

Presented by Career Services, UB

WELLNESS & RECREATION

“Beware the Trails We Leave Behind: Preventing Identity Theft”

Wednesday, October 28

2:00-3:00

Student Union 317, North Campus

Many students generously share passwords, PINs, driver’s licenses, and more, unaware of the threat that identity theft poses! This eye-opening workshop will provide you with facts about identity theft, tips for preventing it and steps to take if you become a victim.

Presented by Student Academic Records & Financial Services, UB

LEADERSHIP WORKSHOPS

“Effective Communication”

Tuesday, October 27

5:30-6:30

Student Union 235, North Campus

Come enhance your listening skills and learn how to ensure that your message is understood. We'll also examine how nonverbal communication can impact a conversation.

Presented by Student Leadership & Community Engagement, UB

“Setting Goals and Staying Motivated”

Monday, November 2

6:00-7:00

Student Union 235, North Campus

Everyone knows it is important to set goals, but without motivation, goals are likely to fade away. This workshop will teach you how to set goals and, more importantly, help you find the motivation to reach them.

Presented by Student Leadership & Community Engagement, UB