

ISSS GLOBAL NEWSLETTER

October 19, 2009

CONTENTS

1. Announcements

University Student Alumni Board Scholarship Announcement
P.E.O. International Peace Scholarship for Women Graduate Students

2. Upcoming Events

International Student Brunch

3. ISSS Trips & Activities

Halloween Haunted Express Train Ride

4. ISSS Workshops

“Travel USA”
“How to Buy & Maintain Your Car”
“Immigration: A Guide to Work after Graduation”

5. Academics & Study Skills Workshops

“Majors and Career Night”

6. Career Workshops

“Sports Marketing Career: Panel Discussion”
“Internships for Any Major”

7. Wellness & Recreation

“Understanding Your Credit”
“Stress and Time Management”
“Dealing with Debt”
“Supporting Survivors of Sexual Assault”

8. Leadership Workshops

Social Issues Training & Education (SITE) Series: “Advocacy Mentoring”
“DiSCover Your Style”

9. Diversity Workshops

“Comedy and Courageous Conversations”
“Becoming an Active LGBT Ally”

UNIVERSITY STUDENT ALUMNI BOARD SCHOLARSHIP ANNOUNCEMENT

The University Student Alumni Board (USAB), student affiliate of the UB Alumni Association, is currently seeking applicants for the annual J. Scott Fleming Scholarship Awards, a \$500 student-to-student scholarship program funded solely by USAB’s fundraising efforts throughout the year.

Up to four full-time undergraduate, graduate or professional students at UB will receive this great honor. Any student who has demonstrated a commitment, through his/her extra-curricular and volunteer activities, to promoting student involvement and enhancing the student experience at UB is invited to apply. Self-nominations are required.

The application must be received by Friday, October 23, 2009 at 12:00 p.m. in Center for Tomorrow 103, North Campus. Download an application from the scholarship program website (www.alumni.buffalo.edu/) or apply online at the website. Please direct any questions to usab-scholarship@buffalo.edu.

P.E.O. INTERNATIONAL PEACE SCHOLARSHIP FOR WOMEN GRADUATE STUDENTS

Believing that education is fundamental to world peace and understanding, members of the P.E.O. Sisterhood contribute funds for the purpose of providing scholarships for selected women from other countries to study in the United States or Canada. Such women must pursue graduate degrees, have a full year of course work remaining, and submit a witnessed statement certifying that, upon completion of their degree programs, they will return to their countries within sixty days, depending on their visa status, to pursue their professional careers. The maximum amount of the award is \$10,000 annually. An applicant selected to receive a scholarship shall be required to agree to repay any scholarship moneys received if she fails to return to her home country upon completion of her terminal degree program.

Interested women must apply for eligibility by December 15, 2009 and, if eligible, submit their applications to the P.E.O. by January 31, 2010. Awards are announced on May 1, 2010. Eligibility forms may be picked up in ISSS, 210 Talbert Hall, North Campus or downloaded

from the P.E.O. website at www.peointernational.org. (Click on “About P.E.O. and Its Projects” and scroll down to IPS.)

Interested women are encouraged to inform Maxine Vesper (Tel. 689-4762) of their decision to apply as she tries to keep in contact with the students in order to help them with their application, if needed. **Quite a few UB international students have been awarded these scholarships so we urge you to apply!**

INTERNATIONAL STUDENT BRUNCH

The International Committee of the UB Women’s Club invites you and your family to their Brunch and Social Hour on Tuesday, October 20. The lunch will be from 11:00-1:00 in Student Union 210. Come enjoy a delicious (and free!) meal and meet new friends!

ISSS TRIPS & ACTIVITIES

HALLOWEEN HAUNTED EXPRESS TRAIN RIDE

Autumn is the time for the fall harvest and cooler temperatures. It’s also Halloween time! ISSS is offering you the opportunity to take part in an exciting Halloween activity called the Haunted Express Train Ride. We will take a ride on a classic old steam-powered train. The ride will end at an old train station in the hills, which will be decorated like a haunted house. We will see many scary scenes and people dressed up in macabre costumes. It is fun and harmless. The event will provide many laughs and a lot of fun!

Date: Saturday, October 24
Meeting Time: 10:30 a.m. (Flint Loop, North Campus)
Return Time: 3:00 p.m.
Cost: \$25
Sign-Up Deadline: 2:00 on Thursday, October 22 (or until sold out)

To sign up, pick up a flyer in our office or download one at www.buffalo.edu/intlservices/documents/HalloweenHauntedTrainRide2009.pdf, fill it out and return it with the \$25 non-refundable fee to ISSS, 210 Talbert Hall. We accept only cash and ask you to bring exact change. Space is limited—do not wait to sign up!

ISSS WORKSHOPS

“Travel USA”

Wednesday, October 21
4:00-5:00
Capen Hall 31, North Campus

This workshop is geared toward inexperienced travelers who want to explore the U.S. while having fun, learning and sticking to a low budget. Participants will be introduced to hostelling, and learn travel tips and tricks from an experienced traveler.

Presenter: Hostelling International--Niagara Frontier Council Representative

“How to Buy & Maintain Your Car”

Monday, October 26
3:00-4:30
Capen Hall 31, North Campus

Learn tips for finding a good used car that matches your budget, negotiating the best price and keeping your car in good running condition in all seasons.

Presenters: John Schneider & Jim Wirth, American Automobile Association (AAA)

“Immigration: A Guide to Work after Graduation”

Thursday, October 29
3:30-5:00
Clemens Hall 120, North Campus

Are you interested in finding out about temporary business visa options other than H-1B and permanent residence options? Come expand your knowledge of visa categories. Learn when an immigration attorney is needed and how to choose one.

Presenter: Rosanne Mayer, Esq., Miller Mayer, LLP, Ithaca, NY

ACADEMICS & STUDY SKILLS WORKSHOPS

“Majors and Career Night”

Thursday, October 22
5:00-7:00
Student Union Lobby, North Campus

This event is for freshmen, sophomores and juniors who want to explore how UB's academic choices relate to future career plans. Meet with advisors from 80+ academic majors and UB alumni in a variety of professions. Join us for food, prizes and great networking opportunities with UB faculty, staff and alumni.

Presented by Student Advising Services, UB

CAREER WORKSHOPS

“Sports Marketing Career: Panel Discussion”

Tuesday, October 20

5:30-6:30 p.m.

Student Union 145B, North Campus

Interested in sports AND marketing? Why not combine your two passions into a career? Sports marketing professionals from a variety of fields will discuss ways to succeed in this competitive industry, and answer audience questions.

Presented by Career Services, UB

“Internships for Any Major”

Monday, October 26

4:00-5:00

Norton Hall 17, North Campus

Internships are the key to exploring your career interests, gaining real world experience and achieving success in your future career program. This panel discussion will answer your questions about how to find internship opportunities (both paid and unpaid), how to get credit, and where to go for more information about internships for all majors.

Presented by Career Services, UB

WELLNESS & RECREATION

“Understanding Your Credit”

Wednesday, October 21

2:00-3:00

Student Union 317, North Campus

This workshop, focused primarily on credit cards, is designed to help students understand the advantages and disadvantages of credit, the costs associated with using credit, the danger signs of “credit stress” and the importance of maintaining a good credit history.

Presented by Student Academic Records & Financial Services, UB

“Stress and Time Management”

Thursday, October 22

2:00-3:00

Student Union 250, North Campus

Join us and learn skills that will reduce your stress and anxiety.

Presented by Counseling Services, UB

“Dealing with Debt”

Thursday, October 22

2:30-3:30

Student Union 330, North Campus

We’ll share practical tips that will help students resolve their financial issues and/or prevent financial issues from becoming too overwhelming. The main focus will be on recognizing signs of trouble, managing debt, avoiding quick fixes and implementing a plan to get rid of debt.

Presented by Student Academic Records & Financial Services, UB

“Supporting Survivors of Sexual Assault”

Thursday, October 22

6:00-7:00 p.m.

Student Union 250, North Campus

This workshop is for friends, family members and partners of individuals who are sexual abuse or sexual assault survivors. Topics will include: the many possible reactions of survivors; how to be supportive; the healing process for both the survivor and their loved ones; and how to attend to your own feelings while supporting your loved one.

Presented by Counseling Services, UB

LEADERSHIP WORKSHOPS

Social Issues Training & Education (SITE) Series: “Advocacy Mentoring”

Tuesday, October 20

5:30-6:30 p.m.

Student Union 240, North Campus

Have you ever been around a peer who said something that you found offensive, but you didn’t know how to respond? This workshop will explore different ways in which people can support others or speak up on their behalf. We will examine how little things we do on a daily basis can make a big difference and inspire others to stand up for what they believe in as well. This workshop will precede a related Saturday of Service (SOS) volunteer opportunity, which students can participate in. You may register for the workshop and/or the volunteer opportunity. Please register for the workshop via: workshops.buffalo.edu. Please register for the service activity via: leadership.buffalo.edu.

Presented by the Intercultural & Diversity Center and Student Leadership & Community Engagement, UB

“DiSCover Your Style”

Thursday, October 22

5:30-6:30 p.m.

Student Union 235, North Campus

By recognizing your own style through the DiSC Personality Assessment, you can learn to work more effectively with others.

Presented by Student Leadership & Community Engagement, UB

DIVERSITY

“Comedy and Courageous Conversations”

Wednesday, October 21

1:00-2:00

Student Union 240, North Campus

Ever notice how comedians have the ability to make us laugh . . . usually at ourselves, make us cry and, at times, challenge us to think about some pretty complex issues including racism, sexism, homophobia and ethnocentricity? In this hour-long workshop, we will explore the ways humor can serve as a bridge to engage us in some difficult but necessary conversations about issues that ultimately encourage us to embrace diverse viewpoints and become more culturally aware.

Presented by the Intercultural & Diversity Center, UB

“Becoming an Active LGBT Ally”

Wednesday, October 21

5:00-6:00 p.m.

Student Union 145D, North Campus

The development of an inclusive environment at UB for LGBTQ (lesbian, gay, bisexual, transgender, queer) students is only enhanced with the presences and support of LGBTQ allies. This training will provide the tools necessary to become an effective ally and further promote the vast diversity that is present on this campus.

Presented by Wellness Education Services, UB